NCH Volunteer Huddle

The Hands that Make a Difference are the Hands of a Volunteer

June 2025



June 1

Lynda Thayer - AVH

Iune 17

Christopher Reilly - Home Health

Iune 19

David Bryant - AVH

Milestones

9 Years

Beverly Dupont - AVH

17 Years

Vicky Bailey - WMC

June 2025						
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Volunteer Portal

The Volunteer Departments across North Country Healthcare have been working very hard to get our new volunteer portal up and running. Not only will this portal help us track volunteer hours across the system and share information, the volunteers who are currently using the program, find it easy to navigate and helpful to keep informed of volunteer opportunities.

Hallway Hospitality

Hallway Hospitality is the simple, friendly act of acknowledging each person we encounter in public areas of our organization. Hallway Hospitality is simple, yet it provides a profound impact. Hallway Hospitality is the act of being friendly and welcoming.

Why do we do it? Hallway Hospitality creates an atmosphere of friendliness and caring. It sends the message that I am in the right place and this is a place people like each other and care about each other. I will be treated with care and respect also.

Hallway Hospitality creates a great first impression and when consistently practiced by everyone it can make a lasting, impactful impression.

How do you achieve Hallway Hospitality? By using the acronym HEART.

H = Head Up

E = Eye Contact

A = Acknowledgement

R = Read Body Language

T = Take people where they need to go

Consistency is Key! Even those who spend a lot of time in the hallways, passing the same people over and over again, it's important to extend Hallway Hospitality each and every time. Don't wait for people to be friendly. Show them how.

Fun Fact

Volunteering is good for your health. Studies have shown that volunteering can lead to lower stress levels, improved mental health and even a longer lifespan. Volunteering can also increase self-confidence, promote social connections, and even boost your career.

Events:

- June 7th: NCH Booth at the Lancaster Farmers Market, swing by and say hello to Nicole.
- **June 12:** Mortal Wisdom 101 at Littleton Senior Center. Encouraging meaningful conversations about aging, caregiving, and end-of-life planning. 10:30am 11:30am. Open to seniors, caregivers, and anyone interested in thoughtful conversation about aging. For more information or to RSVP contact Ren Anderson at 603.444.8399 or lauren.anderson@northcountryhealth.org
- June 14: Rescheduled, WMC Auxiliary 35th Annual Golf Scramble, Maplewood Golf Course, Bethlehem NH.
- June 19-20: Community Benefits Presentations, various locations and times across NCH affiliates.
- **June 28-29:** White Mountain Air Show. Mount Washington Regional Airport, Whitefield, NH. Thrilling aerobatics, food trucks, and vendors. Fun for the whole family. \$20 per vehicle.
- **June 30:** New Volunteer Orientation at UCVH: Know of anybody interested in volunteering? This session will introduce them to NCH's mission, policies, and volunteer opportunities. Note: this event is open to all interested in volunteering at North Country Healthcare, and is not site specific.