

NCH Volunteer Huddle

The Hands that Make a Difference are the Hands of a Volunteer

January 2026



January 3

Jane P. - AVH

January 9

Candy O. - AVH

Sandy Y. - WMC

January 28

Margaret C. - NCHHHA

January 29

Christopher D. - AVH

January 30

Lise P. - AVH



Nancy S. - UCVH

9 Years

Rhonda G. - WMC

12 Years

Sharon J. - WMC

Art L. - WMC

21 Years

Shirley C. - WMC

Happy New Year

We would like to wish all our wonderful volunteers a very Happy New Year and every success in 2026!

Thank you for your continued dedication and support throughout the past year. Your time, energy, and commitment make a meaningful difference, and we are truly grateful for everything you do.

We look forward to 2026 being a year of continued growth and new opportunities within the NCH Volunteer Department, and we hope to share many more rewarding experiences together.

Community Conversations to Be Hosted in Partnership with Carsey Institute of Public Policy

Beginning this winter, North Country Healthcare will be hosting a series of Community Conversations in partnership with the Carsey Institute of Public Policy.

These Community Conversations are part of an ongoing effort to listen more closely to the communities we serve. They are intended to create space for community members to share their perspectives and experiences, and to help us better understand what people are experiencing across the region. The focus of these sessions is listening and learning, rather than presentation or debate.

Each Community Conversation will take place from 5:30 p.m. to 7:30 p.m. at the following locations:

- Monday, January 26 at the Tillotson Center for the Arts, Colebrook
- Wednesday, January 28 at the St. Kieran Community Center for the Arts, Berlin
- Tuesday, February 3, at Lancaster Elementary School
- Wednesday, February 4 at The Rocks Estate, Bethlehem

To support these conversations, we are partnering with the Carsey Institute of Public Policy's NH Listens initiative, which brings experience in facilitating respectful and productive community dialogue.

Leadership participation in these Community Conversations will be focused on listening. Leaders will attend with the intention of hearing community perspectives and identifying common themes that can help inform future communication and planning.

Following the Community Conversations, we will share themes and insights with leadership and across the organization.

Meet The NCH Volunteers:

Each month we will be highlighting one or more volunteers from NCH.



Meet Sue Griffin. Sue has been a volunteer at AVH for 5½ years. She can be found in the Sunny Corner Gift Shop on Wednesdays.

Why do you Volunteer?: Sue said she volunteers because she loves the interaction with the community and staff and wants to give back to the city she grew up in.

Hobbies/Skill/Interest: Sue loves to read, draw and make home renovations as well as volunteering and spending time with her grandchildren.

Fun Fact: Over the years, Sue has collected over 125 snowmen, which take over her house during the holidays.

Prior Work: Sue worked in education for 43 years. She taught kindergarten, first and second grade and was the principal of Brown School her final year.

Family: Sue has been married to her husband, Gene, for 47 years. She has a son, a daughter and 3 grandchildren.

Volunteer Wanted

Have you, or a family member received care at one of the Weeks Medical Center based Primary Care Practices in the last two years? Are you interested in learning how the work is done, understanding the challenges and want to help make the workflow better? Are you someone who is not intimidated by healthcare workers? (they are human too!) Do you feel comfortable speaking up? Do you enjoy being part of a team? Would you be willing to participate in two in-person meetings at the WMC Lancaster site, at the end of January. This would be a 4 hour time commitment (approximately.)

If you said "yes" to every question above, please reach out to one of the following for more information.

- Clare Fox, NCH Director of Performance Improvement @ Clare.fox@northcountryhealth.org or
- Monique Hand, WMC Director of Population Health Management @ Monique.hand@northcountryhealth.org



Fun Fact:

The Guinness World Record for the largest natural snowflake is held by one seen in Fort Keogh, Montana, on January 28, 1887, measuring an enormous 15 inches wide and 8 inches thick, though scientists debate its true nature as a single crystal or a large clump.

January 2026						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Events:

- **January 7:** American Red Cross Blood Drive - WMC
- **January 14:** American Red Cross Blood Drive - AVH
- **January 29:** New Volunteer Orientation at AVH - Know of anybody interested in volunteering? This session will introduce them to NCH's mission, policies, and volunteer opportunities. Note: this event is open to all interested in volunteering at North Country Healthcare , and is not site specific.